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Alps Hockey League GAME BOOK – Season 2020/2021 APPENDIX | COVID-19 Guidelines & Recommendations September 23rd, 2020

WWW.ALPS.HOCKEY



Dear participants of the Alps Hockey League!

The special situation in connection with the COVID-19 pandemic makes it necessary to supplement or extend the existing rules for the game operation of the ALPS Hockey League. The present document is an integral part of the official ALPS Hockey League Game Book and has been prepared in accordance with the following rules and regulations:

- Easing regulation of the Austrian/Slovenian/Italian Federal Governments
- IIHF requirements for game operations in connection with the COVID-19 pandemic

The championship of the ALPS Hockey League is played based on the Memorandum of Understanding between the Italian Ice Sports Federation, the Austrian Ice Hockey Federation, and the Slovenian Ice Hockey Federation. Should different regulations or requirements be valid in the countries of the respective international ALPS Hockey League clubs, it is the responsibility of the respective club to inform the league and the other clubs participating in the competition immediately in writing. The same applies to all league clubs for matters which, due to local official regulations, are subject to different regulations than those described in this document.

The COVID-19 Special Commission, consisting of a delegate nominated by each of the Austrian/Slovenian/Italian member in the Board of Governors, is responsible for the interpretation, adaptation and resolution of all matters relating to the safeguarding of the game operation of the ALPS Hockey League, whether described in this document or not. No appeals against decisions of this commission are permitted.

Additional to the printed version all documents can be downloaded from www.gamebook.at.

Any additions or changes will be published on www.gamebook.at after a notification to the official ALPS Hockey League mailing list.

With sportive regards,



CHRISTIAN FEICHTINGER
MANAGING DIRECTOR | ALPS HOCKEY LEAGUE

Note: *this is a dynamic document subject to change at any time based on new and update scientific evidence related to COVID-19. By organizing and/or participating at ALPS Hockey League games, you agree to not only follow the rules & recommendations in this document, but also any changes thereto.*

Applicability:

- *These recommendations are applicable for all event participants except spectators, including but not limited to, players, team staff, officials, event technical officials, medical personal, volunteers/ event workforce and media.*
- *Attendance of spectators should be dealt by local authorities or event organizers in accordance with current public health and security regulations/guidance.*

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APPENDIX | COVID-19 - GUIDELINES & RECOMMENDATIONS

§ 1 Objectives

- (1) To protect the health of everyone involved in ALPS Hockey League game operations and to minimize the risk to an acceptable remaining risk.
- (2) To provide an umbrella concept for 16 participating clubs from 3 involved countries who are bound to their national/local rules & regulations.
- (3) To allow ALPS Hockey League club ice hockey to return to play.
- (4) Inform all parties involved about prevention measures and for all ALPS Hockey League event participants, except spectators' patrons, to adhere to the described measures within this memo.
- (5) Every participant involved in the operation of the game will partake in their respective personal responsibility to adhere to the prevention measures.

§ 2 General Principles

- (1) National/local laws and the home club's own COVID-19 protection concept apply.
- (2) All ALPS Hockey League clubs will adhere to the ALPS Hockey League Constitution, Statutes & By-Laws and Rules and Regulations (www.gamebook.at) as the official rules and guidelines, unless otherwise stated in the ALPS Hockey League COVID-19 Appendix.
- (3) The ALPS Hockey League's COVID-19 guidelines & recommendations apply if local standards do not exceed the ALPS Hockey League guidelines.
- (4) The responsibility for correct implementation of national/local laws, the club's own protection concept and the ALPS Hockey League's COVID-19 guidelines & recommendations lies with the home club (the event organizer).
- (5) Each participating club is obliged to name a responsible COVID-19 contact person to the ALPS Hockey League latest by September 28th, 2020.
 - **COVID-19 Responsible Club Contact (Officer)**
Responsible for implementation of prevention measures in training and game operations, contact with authorities and for ALPS Hockey League operations

And/Or

- **COVID-19 Responsible Medical Staff Member**
Responsible for the implementation of medical measures, particularly in connection with persons of the on-ice team. Must travel with the team to the away games.

**If another person other than the team doctor, than both the club contact person (officer) and team doctor shall be named.*

- (6) Each participating club must provide its own COVID-19 protection concept (based on national/local laws and the national league's guidelines, in cooperation with its arena operator) to the ALPS Hockey League prior to the ALPS Hockey League season start, latest by September 30th, 2020 (via e-mail to office@alps.hockey)
 - The concept shall include relevant information about game operations, but also cover the areas of spectators, ticketing, security, catering.
- (7) Each club is obliged to inform its opponent and game officials about the local rules & regulations, if possible one week before a home game takes place.
 - If the away team or game officials do not receive the necessary information in time, they shall reach out to the ALPS Hockey League Office (office@alps.hockey).
- (8) By organizing and/or participating at ALPS Hockey League games clubs agree to follow the ALPS Hockey League COVID-19 guidelines.
- (9) The ALPS Hockey League COVID-19 guidelines & recommendations apply for all event participants, except spectators (including, but not limited to: players, coaches, team staff, game officials, club staff, arena staff, ALPS Hockey League, medical personnel, security, volunteers, broadcasting staff and media).
- (10) Rules of national/local authorities apply for the attendance of spectators in accordance with current public health and security regulations/guidance.
- (11) Every ALPS Hockey League participant that takes part in the game at his/her own risk. Is aware of the risks of increased spreading of the virus through the playing of this sport. In the case of children and adolescents, the legal guardians must evaluate the risk and decide whether their children should participate.
- (12) All participating players and team staff must sign a liability waiver and release acknowledging that he/she is participating in the Alps Hockey League at his/her own risk and waives all recourse against the Alps Hockey League and/or the host should he/she contract COVID-19 while participating in the Alps Hockey League. All players 18 years of age or younger must have a legal guardian signature.

§ 3. Hygiene Recommendations

§ 3.1. General Hygiene Rules

- (1) The most important and effective measures for personal protection as well as for the protection of others are **proper hand hygiene, correct cough etiquette** and to **practice social distancing** (keeping the legal minimum distance).
- (2) Washing hands regularly is important, especially

- before and after food preparation
 - before eating
 - after using the bathroom
 - whenever hands are dirty
 - before and after each workout, practice, or game
- (3) It is recommended to **wash hands with warm water and soap for at least 30 seconds.**
- (4) Additionally, hand disinfectants should be used regularly (if the hands are visibly dirty, they must be washed).
- (5) **If national/local regulations require to wear a face mask, it must always be worn.**

§ 3.2. ALPS Hockey League Hygiene Policy

- (1) All participants at ALPS Hockey League games are required to practice social distancing (keeping the legal minimum distance).
- (2) Where social distancing is not possible, all participants must wear face masks. The game host must ensure the availability of sufficient disposable masks for all participants of the game (including, but not limited to, away team, game officials, arena staff etc.).
- (3) At ice-rink level (including, but not limited to, the area around the ice rink and the locker room area) all participants must wear a face mask (mouth and nose protection-MNP) at all times (exception: players, coaches and game officials during games & practice and in their dedicated locker rooms)
- (4) All participants must follow proper hand hygiene protocols. Each host must provide soap/water and hand sanitizer stations within the arenas. Hand sanitizers shall be available at all entrances throughout the venues.
- (5) No hand shaking or spitting is allowed by any participants. Event organizers shall make the participants aware with respective posters and COVID-19 event recommendations.
- (6) All participants must follow the cough etiquette. Hosts shall remind participants with posters in adequate places.

§ 4. Teams - Clearance of Players, Coaches & Team Staff

- (1) **When travelling:** Each participating club must declare that its players, coaches, and staff members are symptom-free before travelling to their away game, as per the Return to Play Protocol – Health Diary.

- (2) **On Game Day:** Both clubs must declare that their players, coaches, and staff are symptom-free (via dedicated questionnaire or Return to Play Protocol-Health Diary) before the team arrives at the arena and before entering the line-ups.
- (3) It is the club's COVID-19 medical staff member's responsibility to enter clearance in the ALPS Hockey League management system based on received questionnaire information of each team member (no later than 9:00 am local time of the respective day).

§ 5. Game Day

§ 5.1. Transport

- (1) It is the clubs' responsibility to secure COVID-19 protection for their players, coaches, and staff during travel to away games. National/local laws must be obeyed. Travel must not occur through countries that require a quarantine once arriving in host country.
- (2) Travel times must take into consideration quarantine requirements in host country. Participating teams shall bear all costs related to quarantine requirements both upon arrival in host country and upon return to home country.
- (3) After arrival at host country, the away team shall use a bus for their transportation (hotel – arena, arena – hotel) to limit external contact. It is recommended that every second seat in the bus stays empty.
- (4) A face mask shall be worn all times when travelling.
- (5) Players of the home team travel to the home games by their own car or other individual means of transport.

§ 5.2. Arrival at the arena

- (1) The teams shall use separate entrances, if possible.
- (2) A face mask shall be worn when entering/exiting the venue.
- (3) Upon arrival, the teams shall be isolated in their locker room area.
- (4) There is no interaction between the opposing team, the referees, the fans, Etc.
- (5) The only contact between the team takes place via the ALPS Hockey League main contact or the COVID-19 responsible contact person (if personal contact is needed social distancing must be practiced).

§ 5.3. Locker Room

- (1) If possible, each team shall be provided with at least two locker rooms plus additional rooms for coaches, equipment managers and medical staff. Each locker room shall always be used by the same persons.
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- (2) Visiting team locker rooms, plus all additional rooms to be used by team personal, must be empty and disinfected by the home team in advance of the visiting team arrival.
- (3) Visiting team must leave locker rooms and all rooms used empty, before exiting the venue.
- (4) Only players, coaches, equipment managers & medical staff are allowed in the locker room area (no other club representatives, officials or media).
- (5) Disinfectants must be available in sufficient quantities (to be provided by the host).
- (6) The stay in closed rooms (locker room area) shall be reduced to a minimum.
- (7) The legal minimum distance shall be kept between all persons.
- (8) Regular cleaning of the locker room areas must be provided through the host (after each practice & game).
- (9) Doors should remain open if possible so that no door handles need to be used.
- (10) Open food is prohibited (only individual packaged food/additional preparations allowed, ensure disposal). No food outside of the locker rooms.
- (11) No fans and blow dryers (e.g. for gloves) are allowed in the locker room and the area around the locker room. This also includes hair dryers.
- (12) Maximum ventilation with maximum fresh air supply during presence, ventilation after each use or during the intermissions.
- (13) All staff members working in the locker rooms must wear a face mask and gloves (except for coaches).

§ 5.4. Players' bench

- (1) Players/coaches have no contact to the opposing team, fans, media, etc.
- (2) Each player is provided with a personal marked water bottle and towel. There must also be enough disposable towels available (provided by the host).
- (3) All staff members on the players' bench with the exception of the coaches must wear face masks and gloves.

§ 5.5. Warm-up

- (1) A permanently assigned area outdoors or in the arena shall be assigned to each team for the off-ice warm-up. Players must always practice social distancing during the warm-up.
- (2) The on-ice warm-up starts FO-35:00. Teams must enter the ice in separated areas, if not possible they enter the ice through the same entrance one after another.

- (3) No disinfection of sticks and pucks needed.
- (4) Both teams conduct the on-ice warm-up at the same time. In doing so, they stay in their half and the red center line must not be crossed at any time.

§ 5.6. Pre-Game

- (1) Teams must enter the ice in separated areas, if not possible they enter the ice through the same entrance one after another.
- (2) Teams line-up on the blue line for the 'athletes greeting' along their respective blue line, with no interaction between the teams.
- (3) The ALPS Hockey League Starting-Six procedure applies.
- (4) There is no handshake between the two captains and none with the game officials.

§ 5.7. Post-Game

- (1) Players leave the ice immediately without handshakes.
- (2) Players walk off the ice directly into the locker room.
- (3) There is no contact/interaction with the fans.
- (4) Interviews/media obligations according to the ALPS Hockey League Club Manual obligations & separate Broadcasting/Media chapter in this document.

§ 5.8. Catering

- (1) Catering for the away team can be provided at the venue in a separated and safe area or is organized by the visiting team itself.

§ 5.9. Laundry

- (1) Teams are responsible for their own laundry. Gloves shall be worn for pick-ups. Laundry opportunities for the away team shall be arranged between the two clubs, if needed.

§ 5.10. Leaving the Arena

- (2) The teams go directly to the team bus (away team) or to their cars (home team).
 - (3) Teams use separated exits, if possible.
 - (4) There is no contact/interaction with fans or any other persons.
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§ 6. Game Officials

- (1) ALPS Hockey League games will be officiated on a 'best case' to limit travel, regionalize and provide adequate time between crews who officiate on a weekend basis.
- (2) Game officials must travel individually to the game and shall arrive about FO-90:00. In circumstance where officials must travel together, face masks must be worn while traveling or they must keep the legal minimum distance (front seat/back seat car location).
- (3) The home club shall provide parking in a restricted area.
- (4) A face mask shall be worn when entering the venue.
- (5) Game officials shall warm up preferably outside of the arena in a designated area.
- (6) Freedom of movement is restricted to their dedicated locker room.
- (7) Game officials must wear gloves on the ice during the game, if the national/local laws and/or the home club's own COVID-19 protection concept require.
- (8) The ice surface is entered/left according to a precisely defined sequence, as per the home club's COVID-19 mandate.
- (9) No handshake with captains before or after the game.
- (10) Game officials leave the ice last after all players from both teams have left.
- (11) No contact/interaction with fans or media.

§ 7. Official Meetings & Checks (If Required)

- (1) Official Meetings shall take place in rooms where social distancing can be practiced or in an outside area.
- (2) Only essential people shall attend the official meetings.
- (3) The duration of the official meetings shall be limited to a minimum.
- (4) The representative of the away team shall join via video call or phone, if possible.
- (5) A face mask shall be worn during official meetings.

§ 8. Media & Broadcasting

§ 8.1. Broadcasting – General Principles

- (1) All broadcasting companies and their staff present on-site must comply with the applicable national/local rules as well as all requirements of the home clubs' & the ALPS Hockey League's COVID-19 guidelines & recommendations.
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- (2) Broadcasting companies may be required to submit details of their own protocols, hygiene measures and operating plans, which must be adhered to if not exceeded by the home clubs' & the ALPS Hockey League's guidelines.
- (3) The home club must ensure that any companies or staff operating at their arena are informed of all the local requirements and restrictions.
- (4) Wearing face masks at all times in the arena on both GD-1 and GD is mandatory (when operating at ice-rink level or in the stands).
- (5) When in operations, commentators and studio hosts are temporarily exempt from the requirement to wear a face mask, but still must wear one at all other times.

§ 8.2. Flash Interviews

- (1) Between the reporter, the cameraman and the player the legal minimum distance must be kept for all flash interviews.
- (2) Flash interviews will always take place rink-side.
- (3) Hygiene measures shall be applied wherever possible (e.g. microphone, headset)
- (4) No in-game interviews shall take place.

§ 8.3. Filming of Team Off-Ice Footage

- (1) Filming of team arrivals may be permitted if the legal minimum distance to the players can be maintained. No interviews & no locker room access for broadcasting staff upon team arrivals.
- (2) Filming of locker room footage is not possible with a manned camera (no access to locker rooms for any non-team related persons). Alternative solutions (e.g. remote cameras) may be considered on a case by case basis and are subject to ALPS Hockey League approval.

§ 8.4. Press/Media & Photographers – General Principles

- (1) All journalists & photographers present on site must comply with the applicable national/local rules as well as all requirements of the home clubs' & the ALPS Hockey League's COVID-19 guidelines & recommendations.
- (2) The home club must ensure that journalists & photographers operating at their arena are informed of all the local requirements and restrictions.
- (3) Clubs can deny accreditation for journalists and/or photographers if the number of requests exceed their limited capacity due to COVID-19 restrictions
- (4) Wearing face masks at all times at ice-rink level of the arena is mandatory (e.g. for interviews).

- (5) Wearing face masks at all times at the arena is recommended, and mandatory if required by national/local rules.

§ 8.5. Media Stands

- (1) Local rules for the use of media stands apply.
- (2) Food and beverages may be provided if precautionary measures have been taken for their preparation, packing and distribution.
- (3) The ALPS Hockey League recommends providing hand disinfectants, a distribution of people that allows to keep the legal minimum distance and to wear face masks at all times (mandatory if required by national/local rules)

§ 8.6. Media and Photographer Working Rooms

- (1) Local rules for the use of media and photographer rooms apply.
- (2) Media and photographer working rooms may be used if enough space is available to allow social distancing.
- (3) Food and beverages may be provided if precautionary measures have been taken for their preparation, packing and distribution.
- (4) The ALPS Hockey League recommends providing hand disinfectants and to wear face masks (if the legal minimum distance cannot be secured). Face masks are mandatory if required by national/local rules.

§ 8.7. Photography Positions

- (1) Local rules for photography positions apply.
- (2) Wearing face masks at all-times is mandatory on ice-rink level positions and on positions in the stands.

§ 8.8. Morning Skates

- (1) Press/Media can follow team's morning skates on site (GD), if not prohibited by the local rules.
- (2) Journalists & photographers must respect hygienic standards and keep the legal minimum distance at any time.
- (3) No interviews are allowed at the morning skates.

§ 8.9. Post-Game Interview Procedures

- (1) Journalists & Photographers are not allowed in the locker rooms at any time (no open locker rooms).

- (2) The home club is responsible to define an interview area (mixed zone) in the arena where post-game interviews can be conducted.
- (3) Interviews which are not filmed do not require the commercial backdrop. Therefore, interview locations can be spread in order to allow social distancing.
- (4) The interview area for the away team shall be separated from the home team.
- (5) Both clubs have a dedicated person on site who is responsible to coordinate interview requests (e.g. club communication manager or team manager).
- (6) Wearing face masks at all-times is mandatory for journalists when conducting interviews.

§ 8.10. Post-Game Press Conference

- (1) Post-Game Press Conferences are optional.
- (2) If a Post-Game Press Conference is conducted, the home club must make sure that the legal minimum distance between the journalists and the head coaches (as well as between the 2 head coaches & between the interviewer and the head coaches) is maintained.
- (3) Journalists attending the Post-Game Press Conference must wear a face mask.

§ 9. Annex

§ 9.1. ALPS Hockey League COVID-19 Club responsible persons description

§ 9.1.1. COVID-19 responsible Club contact person

- (1) **Main Tasks:**
 - Planning and implementation of prevention measures in practice and game operations
 - Contact person for the responsible authorities and for ALPS Hockey League operations
- (2) **Requirements:**
 - Main contact with the ALPS Hockey League for COVID-19 related topics & hygiene concept
 - Must be well versed with all aspects of clubs, national leagues, national federations, ALPS Hockey League & governmental COVID-19 protection regulations
 - Must be close to team staff, players & coaches

- Must work closely together with the teams' medical staff & the ALPS Hockey League

§ 9.1.2. COVID-19 responsible medical staff member

(1) **Main Tasks:**

- Implementation of medical measures, mainly in connection with people of the on-ice team
- Responsible for the clearance of team members (coaches, players & staff) in the ALPS Hockey League management system according to 4.1. of these guidelines

(2) **Requirements:**

- Main contact with the ALPS Hockey League for COVID-19 medical-related topics
- Must be well versed with all aspects of clubs, national leagues, national federations, ALPS Hockey League & governmental COVID-19 protection regulations
- Must have basic/advanced medical knowledge (e.g. physiotherapist)
- Must travel with the team to the away games

§ 9.2. Medical questionnaire prior to game

On travel & game day each player, coach and team staff member must go through the medical questionnaire about their current health situation at latest by 09:00am local time. The questions below must be answered honestly and if any of the questions is answered with a "Yes" the respective person must self-isolate him/herself immediately and contact the team's COVID-19 responsible medical staff member or the team doctor to receive further instructions.

Contact risk evaluation:		
Did you have any contact with a COVID-19 infected person within the last 14 days?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you been quarantined in the last 14 days because of governmental regulations?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you show any of the following symptoms today:		
• High temperature (above 37.5°C) Body temperature must be measured!	<input type="checkbox"/> Yes	<input type="checkbox"/> No
• Sore throat	<input type="checkbox"/> Yes	<input type="checkbox"/> No
• Dry cough	<input type="checkbox"/> Yes	<input type="checkbox"/> No
• Shortness of Breath	<input type="checkbox"/> Yes	<input type="checkbox"/> No
• Chest Pain	<input type="checkbox"/> Yes	<input type="checkbox"/> No
• Sudden loss of sense of smell and/or taste	<input type="checkbox"/> Yes	<input type="checkbox"/> No
• Headache	<input type="checkbox"/> Yes	<input type="checkbox"/> No
• General weakness, feeling unwell	<input type="checkbox"/> Yes	<input type="checkbox"/> No
• Aching muscles <i>Normal muscle pain after working out or a previous injury is not considered.</i>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
• Gastrointestinal symptoms e.g. nausea, vomiting, diarrhea, stomachache	<input type="checkbox"/> Yes	<input type="checkbox"/> No
• Head cold	<input type="checkbox"/> Yes	<input type="checkbox"/> No
• Skin rash	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Is any of your family member showing symptoms?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

First Name:		Last Name:	
Club:			
Date:		Signature:	

§ 10. Suspected Case/Positive Tested Case

The management of the club must immediately contact the local health authority and strictly follow its instructions. Should a suspected case / positive tested case occur during a championship game, the respective Federation, the league organization must also be informed immediately. In a positive tested case, the certificate of fitness for sport and the approval of the responsible local authority must be presented in order to return to the game.

§ 10.1. Procedure for Suspected Cases

If symptoms occur, the following steps should be followed:

PERSON WITH SYMPTOMS (= SUSPECTED CASE)

- (1) Players, Coaches or staff members with any COVID-19 symptoms must isolate themselves, contact their team's COVID-19 responsible medical staff member or their team doctor immediately and follow the given instructions strictly (especially with regard to clinical symptoms and possible need for official information).
- (2) Immediate self-isolation in the sense of seclusion at home to reduce contact with other people, i.e. in particular no leaving the home until the release by the medical responsible (Clarification by an official negative PCR test).
- (3) Reporting the suspected case to the league.
- (4) The presence of medical personnel (e.g. physiotherapists) during training sessions and games must be ensured for the treatment of acute cases – including away games.
- (5) In the case of COVID-19 suspicion, national/local regulations apply and must be strictly followed.
- (6) All other game participants (e.g. club staff, arena staff, volunteers etc.) must isolate themselves, contact their doctor or local authorities to receive further instructions and must inform the clubs ALPS Hockey League COVID-19 responsible person.

Typical COVID-19 Symptoms	Rare COVID-19 Symptoms
<ul style="list-style-type: none"> • Sore throat • Cough (mostly dry) • Shortness of breath • Chest pain • High temperature (above 37.5°C) • Sudden loss of sense of smell and/or sense of taste 	<ul style="list-style-type: none"> • Headache • General weakness, feeling unwell • Aching muscles • Gastrointestinal symptoms (nausea, vomiting, diarrhea, stomachache) • Head Cold • Skin rash

Principle: In case of uncertainty, contact the responsible team doctor immediately! Before clarification the training facilities may not be visited.

§ 10.2. Procedure for Confirmed Cases

In case of positive PCR test results, the following steps should be followed:

- (1) Mandatory telephone notification of the confirmed case to the competent authority (medical reporting obligation) and league.
- (2) Immediate self-isolation in the sense of domestic seclusion to reduce contact with other people:

- No leaving the apartment | Strict adherence to hand, cough and sneeze hygiene
 - If acute medical care (other than COVID-19 disease) is required, the responsible doctor of the respective club or the organizations named under § 18 of this document (in regards to each respective country) must be contacted by telephone and informed of the infection epidemiological status ("COVID-19 positive") in order to clarify further action
 - In the event of transport to a hospital, the competent health authority must be notified
 - Continuation of the health diary (daily documentation: state of health, symptoms of illness, 2x daily temperature measurement)
- (3) The instructions of the health authority must be strictly followed.
 - (4) The person may not participate in the game for the time being.
 - (5) In case of illness, physical exertion should be avoided.

§ 10.3. Return to Sport after COVID-19 Infection

- (1) Return at the earliest 10 days after onset of symptoms (= report to league)

AND

- (2) Freedom from symptoms for at least 48 hours in relation to the acute COVID-19 disease (after consultation with the treating team doctor)

AND

- (3) Negative SARS-CoV-2-PCR test obtained from nasopharyngeal swabs

AND

- (4) Confirmation of fitness for sport by the team doctor (including current ECG and cardiac echo, further examinations may be necessary in the case of severe courses)

§ 10.4. Procedure for SARS-CoV-2 contact persons: Contact tracing

In general, the evaluation of the individual situation is the responsibility of the responsible health authority in the respective country. The instructions of the health authority regarding contact tracing must be strictly followed. All instructions and measures of the health authority have to be reported to the league.

§ 11. Testing Procedure (PCR Test)

All teams (players, coaches, team staff,) must be tested before the start of the 1st game to be played (October 3rd, 2020).

- Test as per the Government Regulations in the Country or Region of the home team.

Before the first game day (October 3rd, 2020) in the Alps Hockey League each club has to return the signed „fit to play“ form in which the club, represented by the club manager and the team doctors, confirms that all requirements described in the Gamebook and the Gamebook Appendix Covid-19 have been met and that all players confirmed on this list are „fit to play“ as defined by the respective national laws and league regulations.

Each team has to send a new „fit to play“ form after each testing of the team carried out.

If a team self-mandates testing both teams (home and visiting team or game officials) for their home game and not mandatory as per Government or Regional regulations, the home team must pay for the visiting team and game officials testing.

The ALPS Hockey League Management must be notified each time a team has been tested to notify of the date of testing and all players tested negative or positive. The ALPS Hockey League will nominate an individual (recommended medical person, not in direct relation to any team) in order to follow the data protection guidelines.

§ 12. Off-Ice Officials (Score & Timekeepers)

The legal minimum distance to the staff of the Off-Ice-Officials must be maintained and the Off-Ice-Officials must wear MNS masks while fulfilling their duties while present within a building, on the penalty bench, in contact with teams, etc. No off-ice crew members will be permitted to enter the area of either teams dressing room, but 1 designated off-ice crew member will be permitted to enter the game officials provided mouth and nose protection and the minimum legal social distancing occurs.

§ 13. Penalty Box

- (1) PET bottles and disposable wipes must be provided and used in the penalty box if possible, and the score/timekeeping staff must wear MNS masks and gloves when fulfilling their duties in contact with players.
- (2) Single use bottles in the penalty boxes (thrown away after each use)
- (3) No sharing of towels in the penalty box
- (4) Disposable paper towels instead of normal fabric towels, or if you want fabric towels then after each use, they go in the laundry bin (multiple towels required)
- (5) Penalty box attendant to wear gloves and face mask
- (6) Benches, floors, and handles should be cleaned between periods

- (7) Hand Sanitizer / Alcohol gel available for use

**There must be a glass separation on all 4 sides (where players are present). Inclusive of between the penalty bench and the timekeeper's box.*

§ 14. Addition to ALPS Hockey League Gamebook Part I Disciplinary Measures - II. Substantive Law § 1 Game Officials and Game Supervisors

In principle, all games the in regular season of the ALPS Hockey League will be officiated according to the four-man system. In case of extraordinary circumstances, games may also be officiated by a three-man system or two-man system.

The use of ALPS Hockey Leagues Officials will be the priority. However, due to regionalization, restricted travel and/or medical, there will be non-ALPS Hockey League game officials used (ICE Hockey League and/or Junior Game Officials).

§ 15. Procedural Changes Department of Players Safety

Due to the COVID-19 pandemic the Department of Players Safety (DOPS) will change its process until further notice. These procedural changes refer to the following paragraphs within the respective ALPS Hockey League:

- Part I – II. Substantive Law - § 2 Disciplinary Measures and Directives – (1) Disciplinary Measures
- Part I – II. Substantive Law - § 2 Disciplinary Measures and Directives – (2) Game Suspensions | Sanction Fines
- Part I – II. Substantive Law - § 2 Disciplinary Measures and Directives – (3) Automatic Suspensions

The principle statement of these paragraphs is not changed. In addition to these paragraphs DOPS will be strict on altercations, fights, roughing and all other situations, where players do not adhere to the principles of preventing a possible infection with the COVID virus. Until further notice DOPS will have the possibility to suspend players with an automatic one game suspension without sending the situation in question to the Player Safety Committee.

Furthermore, DOPS will have the possibility on “major” infractions (spitting, smearing blood, face wash, etc.) to increase the automatic suspension to a minimum of five games.

§ 16. Game Cancellations or Special Circumstances:

If/when a situation arises, whereby the ALPS Hockey League By-Laws and/or Rules & Regulations do not clearly define or do not identify the on-going issue (ex. COVID-19 related issue), the decision will be made by the ALPS Hockey League Special Committee. The Special Committee will make a decision in the best interest of the ALPS Hockey League to provide the greatest opportunity for the ALPS Hockey League and its survival as a whole, regarding both sportive and economic impacts.

The Special Committee will be made up of:

- 1 Vote - one ALPS Hockey League Board of Governors member of Austria
- 1 Vote - one ALPS Hockey League Board of Governors member of Italy
- 1 Vote - one ALPS Hockey League Board of Governors member of Slovenia

Request (case opened) can be made by any of the following:

- (1) At the discretion of the ALPS Hockey League Board of Governors
- (2) At the discretion of the ALPS Hockey League Sport Chairman
- (3) At the discretion of the ALPS Hockey League Commissioner (GM)
- (4) At the discretion of the ALPS Hockey League Justice Committee
- (5) Can be initiated by a club (ALPS Hockey League Team)

All cases will be binding and considered a final decision by a majority vote (2/3 vote), based on 3 individual votes by each of:

- (1) one ALPS Hockey League Board of Governors of Austria,
- (2) one ALPS Hockey League Board of Governors of Italy and
- (3) one ALPS Hockey League Board of Governors of Slovenia

to conclude a final (2/3 majority) vote.

The Special Committee maybe in consultation with all members of ALPS Hockey League Board of Governors.

Due to COVID-19 restrictions by authorities and/or the neglect of a team to fulfill the ALPS Hockey League requirements, at the discretion of the Special Committee, a decision can be made regarding (Examples of, but not limited to):

- Changes in the COVID-19 Appendix throughout the season, as required.
- ALPS Hockey League team cannot fulfill game requirements in the timely manner for regular season or PR/QR games or Play-Offs, an outcome for a suitable change to the schedule, home right, game location, ...
- ALPS Hockey League team cannot fulfill game requirements in the timely manner for regular season or Pre-Play-off games or Play-Offs, the elimination of a team for the remainder of the season.
- The declaration of a winner for a game or Play-Off series, in the event game(s) or series cannot be fulfilled in the timely manner, as per the schedule allotted time frame.

- If a game cannot be played, based on the neglect of a team, a 5-0 outcome.
- Special circumstance situation where the minimum 10 players + 1 goalkeeper cannot be fulfilled by the players on the respective team's ALPS Hockey League Roster, a decision can be made to allow additional player(s) either through the 'free player movement' or use of domestic player(s) from other ALPS Hockey League affiliated Leagues.

§ 17. Game Playing Rules

- (1) Game playing rules are in reference to all IIHF Rules and ALPS Hockey League Case Book. In general, the playing rules under the IIHF Rule Book and ALPS Hockey League remain the same as the past season.

However, the interpretation and administration of rules will be heightened for all rules that have the possibility of increasing the risk of COVID-19.

These rules include, but not limited to:

- Situations and gatherings after the whistle that can be prevented (not an immediate distribution of players at a stoppage in play)
 - Any form of verbal disagreement, raised voice or yelling while an opponent or game official is in close proximity (less than 1 meter)
 - Any form of preventable measures, such as a face wash or face to face gathering
 - Specific rules such as 118-Biting, 140-Engaging with spectators, 141-Fighting, 162-Spitting
- (2) **Score Sheet Procedure and Goal/Assist Changes:** 1 designated off-ice official will be permitted to be in direct vicinity of either team for the purpose of filling out the game sheet, game sheet changes before game and goal/assist change. The designated off-ice official must wear proper mouth and nose protection and gloves and maintain the legal minimum distance. The game line-up, scoring changes, player addition/deletion before the game, ...) must follow the same Alps Hockey League procedure by a coach signing the proper documents.

Game Book Part D | Case Book | § 7 Rule 21 - Team Composition

The team managers authorized by each ALPS Hockey League club are required to provide the home club's scorekeeper with a team roster using the lineup form at least 75 minutes prior to the start of each game. The roster must be filled out completely and accurately, and it must be signed and dated by the team manager.

Before the game and during the intermissions the off-ice officials have to stay either in an extra room for off-ice officials or in the penalty box. Walking around in the stands and interaction with fans are strictly forbidden.

- (3) **Warm-Up Revision:** Warm-Up time will be 15 minutes in duration, beginning at FO 35:00 on game clock run down.

Game Book Part D | Case Book | § 4 Pre-Game and Warm-Ups

The game timekeeper shall be responsible for signaling the commencement and termination of the pre-game warm-up. The timekeeper must honk the horn 1 time when the countdown clock is at 35:00 to signal the warm-up begins. The timekeeper will honk the horn 1 time when the countdown clock is at 21:00 to signal 1-minute left in warm-ups and 2 times when the countdown clock is at 20:00, to signal warm-up is over and all players must be off the ice.

The only time players are permitted to be on the ice for warm-up is between the times when the clock reads 35 minutes and all players must exit the ice no later than the clock reading 20 minutes.

- (5) **Playing of Games:**

As per the existing ALPS Hockey League Rules and Regulations

- All games will be played as per scheduled
- The minimum number of players to play a game is 10 players + 1 goalkeeper

In the event a game cannot be played due to an extenuating circumstance COVID-19 related:

- Medical (Illness) – the respective teams Doctor must sign off on the diagnosis of the players involved, in the event less than 10 players +1 goalie cannot be adhered to.

§ 18. Emergency Contacts:

§ 18.1. Alps Hockey League Contacts Concerning COVID-19:

Medical

Christiane Loinig

phone: +43 664 51 69 400

mail: christiane.loinig@chello.at

Administrative

Sebastian Zenker

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mail: sebastian.zenker@ice.hockey

Sportive

Michael Suttinig

+43 676 88 99 08 37

michael.suttinig@ice.hockey

§18.2. Alps Hockey League Contacts

League Manager (GM)

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Director of Hockey Operations

Lyle Seitz

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Assistant Director of Hockey Operations / Situation Room

Johannes Auer

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Officiating Manager

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Referee In Chief Austria

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Referee In Chief Italy

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Referee In Chief Slovenia

Viktor Trilar

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viki@hokej.si

Player Registration / Scheduling

Thorsten Klein

+43 664 20 05 700

thorsten.klein@ice.hockey

Statistics

Martin Kogler

+43 664 44 00 123

statistik@ice.hockey

§ 18.3. Contacts in Austria concerning COVID-19**AUSTRIA:**

In case of emergency: Ambulance 144

Health phone: If you have specific symptoms (fever, cough, shortness of breath, breathing difficulties), stay at home and dial the health care number 1450 for further procedure (diagnostic clarification).

Phone: 1450

Daily 0 to 24 o'clock

Coronavirus-Hotline of AGES: The AGES (Austrian Agency for Food Safety) answers questions about the coronavirus (general information on transmission, symptoms, prevention).

Phone: 0800 555 621

Daily 0 to 24 o'clock

Information service for the Sport Hotline:

Phone: +43 (1) 71606 – 665270

E-Mail: sport@bmkoes.gv.at

Monday to Friday 9 to 15 o'clock

Contact the responsible health authority (district administration, city council): Every club / organizer should have the contact details of the local and competent health authority ready

ITALY: ??

SLOVENIA: ??